



GRATITUDE
TO THE
CREATION



Jean-Jacques Trifault

Gratitude to the Creation
Published by Footsteps to Wisdom Publishing

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ISBN-13 978-0-9797877-2-0

ISBN-10 0-9797877-2-6

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Gratitude to the Creation

It is a new day and you woke up happy this morning. The rising sun whisked you out of your bed and you joyfully obeyed it. You stood up and opened wide the window as a fresh, spring breeze brought to you the aroma of the morning. "Today is a new day! Today is a wonderful day!" you exclaimed. Yes, on a morning like this you can be thankful to be alive.



Each of you must have experienced such morning at least once in your life. We receive so many things from the creation, from the sunshine that warms us and the air we breathe, to the foods we eat for breakfast, to the lovely home that shelters us and the heating or air-conditioning that keep our bodies comfortable.

If we look around us, we see many realities that please us. Nevertheless, there are probably some realities that do not please us. For example, if we observe the situation of the creation today, we may feel disturbed. Mother Earth appears to be dying today, doesn't she? Some call it global warming but there could be a different explanation as well. The creation might be dying today because no one recognizes the gifts that the creation

bestows upon them. Every day the creation gives something to humankind, but no one says, "Thank you." We just take and take and keep taking, day after day, while the creation is being depleted of its resources.

If the creation is dying, it means that there must be some relationship between what is happening and the people who are responsible for this situation. Could it be that people are dying also? If the people were alive, surely they would not only recognize that they themselves are alive but would also recognize what sustains them and keeps them alive – the creation. But if people are dying then surely they cannot appreciate what is given to them because they are so busy fighting their sickness. Because of that self-preoccupation, they have little regard for the creation, which

means they rarely say 'thank you' to the flowers, the plants, the air, and whatever surround them.

In fact, this century has been devastating for the earth. We take everything from the earth and then complain because it doesn't give enough. Rich countries extract resources from other countries. We dig many holes in the ground and still complain that the creation doesn't give us enough. The creation accepts to give of itself, maybe because it doesn't have a voice to complain like we do, but the problem is that we do not give it the love and recognition it needs to renew itself.

If we look at the laws of nature, we will realize that there has always been a concept of in and out. Therefore if human beings only take and do not give anything back to the cre-

ation, this means we are not following these laws. Regardless the earth continues to give us all its raw materials, it desperately needs our love and recognition to maintain and recreate itself. We as human beings know love is important because we are 'professional' to look for love in order to exist and to be happy. Drawing from this knowledge, human beings should know that the creation is also in need of love.

The Miracle of Creation

Observing the creation, we can see that when we put one seed inside the soil it will create a plant. This plant can produce many flowers, and eventually an abundance of new seeds. Isn't this a miracle? Aren't we amazed that from one seed one hundred or more

seeds can be produced? By using our logic we would say that if we put one seed in the soil it should produce only one new seed. But it is not like that! Therefore nature produces a miracle that we maybe don't like to recognize, but it does exist every day.

To understand the concept of the miracle of giving love by saying 'thank you', let us look at the relationships between human beings. When you give love to someone else, you as the giver also feel love coming to you, especially when this person is grateful

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PATH TO WISDOM SERIES VOLUME III:

- GRATITUDE TO THE CREATION
- CONCEPT VERSUS FACT

"It is sad to see people receiving many physical things but never feeling love through these acfs...If we practice words of gratefulness as the front page of our dictionary of life, we will be able to receive the full love of the universe." (Excerpt)

Mr. Jean-Jacques Trifault has spoken extensively to audiences about personal growth and having a loving relationship with God. A native of France, he has resided in the United States since 1980.



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