

A watercolor illustration of a pond scene. In the foreground, a large pink lotus flower with a bright yellow center is in full bloom. To its right and slightly lower, a smaller pink lotus flower is also in bloom. The background is filled with large, green lily pads of various shades, some with dark spots, floating on a light blue and white water surface. The overall style is soft and artistic.

*God is
In My Heart*

JEAN-JACQUES TRIFAULT

God Is In My Heart

Published by Footsteps to Wisdom Publishing

Copyright ©Jean-Jacques Trifault 2008

All rights reserved

No part of this publication may be reproduced or transmitted by any form or by any means, electronic or mechanical, including photocopying, recording or any information storage or retrieval system, without permission in writing from the publisher.

Katarzyna Krawczyk, Cover Design and Layout

For more information about the author's other publications and to leave your comments, please visit: www.footstepstowisdom.org

ISBN-13 978-0-9797877-1-3

ISBN-10 0-9797877-1-8

Table of Contents



God is in My Heart page 4

Follow the Law of Creativity page 80



God is in My Heart

“How is God doing?” Not so many people ask that question, do they? Maybe you prefer to hear, “How is your heart doing?”

Or perhaps you would like to hear that if your heart feels well, it is God who feels well, and if your heart does not feel well, it is God who does not feel well?

Usually people are asking about the body and our external circumstances when they ask, “How are you doing these days?”

or maybe they are asking about the emotional side when they say, “Are you feeling well?” Surely it is extremely rare for someone to be inquiring about our heart in connection to how God is doing inside of us.

In order to make the connection between our heart and God, we have to have some knowledge about God Himself, and then we have to discover if there is a link between the God of the universe and the individual being. If we have this knowledge, then maybe we will say, “When my heart doesn’t feel well, it means God doesn’t feel well.”

So regardless this concept can be new in some sense, we have to remember a long time ago, written in the first book of the Bible, there was a story that said human beings were created in the image of God. If this is

true, then the view presented here should not be difficult to accept. However, if this concept of being the image of God is just a fairy tale relating to some extinct race, we can say this idea does not have any connection to ourselves. But for the sake of keeping the 'good news', let us imagine that we can be that race who could be made in the image of God. The question we can ask then is, where is God? What is His location? Does He live somewhere that is close to us? Or is He a being who is living far away from us?

Regardless that these thoughts must have driven many questions through the people of this earth, let us further imagine that this God, wherever He might be, has a wish, as we do. Let us look first at what can be our wish. Basically, the word most popular among all words of

humankind is to be 'happy' or to feel 'happy'. So the moment we realize that human beings are looking for happiness, we can ask, is there a link between our happiness and God or does our happiness have nothing to do with God?

Is there a link with God or does our happiness have nothing to do with God?

Surely if we don't believe that God has any connection with human beings, then we can easily believe that our happiness or suffering are only connected to our own happiness or suffering. But if we think there is a connection between God and us, then it means human beings' happiness should af-

PATH TO WISDOM SERIES VOLUME II:
GOD IS IN MY HEART
FOLLOW THE LAW OF CREATIVITY

fect God to  the point that

If there is a place where God and we as human beings can meet, then surely it is through the realm of our feelings....When you make your heart big, it means you are liberating God's heart, which needs space.”



MR. JEAN-JACQUES TRIFAULT
HAS SPOKEN EXTENSIVELY TO
AUDIENCES ABOUT PERSONAL
GROWTH AND HAVING A
RELATIONSHIP WITH GOD. A
NATIVE OF FRANCE, HE HAS
RESIDED IN THE UNITED STATES
SINCE 1980.



ISBN-13 978-0-9797877-1-3

ISBN-10 0-9797877-1-8